



Supporting emotional health and wellbeing from 0-19+

Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Designed by clinical psychologists in partnership with practitioners and parents



Residents of JERSEY and GUERNSEY

Use Access Code
WELCOME



Children and Families Hub



States of Guernsey
Children and Family
Community Services



In partnership with: